**1.** After reading the article “Are Smartphones Making Us Stupid?”, summarize it in 25 words or less.

**2.** Spend a moment either underlining, circling, or highlighting one “golden line”. A golden line is a sentence or two that speaks to you, jumps out at you, or is simply just a sentence in the article that you like.

**3**. While watching the TED Talk, “Why Our Screens Make Us Less Happy”, write down two or three pieces of quantitative data or statistics that the speaker, Adam Alter, mentions.

**4.** What was the “big idea” that you believe that Adam Alter was trying to get across in his TED Talk?

**5.** Now, be honest. Do you think you’ll change your behavior as a result of reading this article and watching the TED Talk?